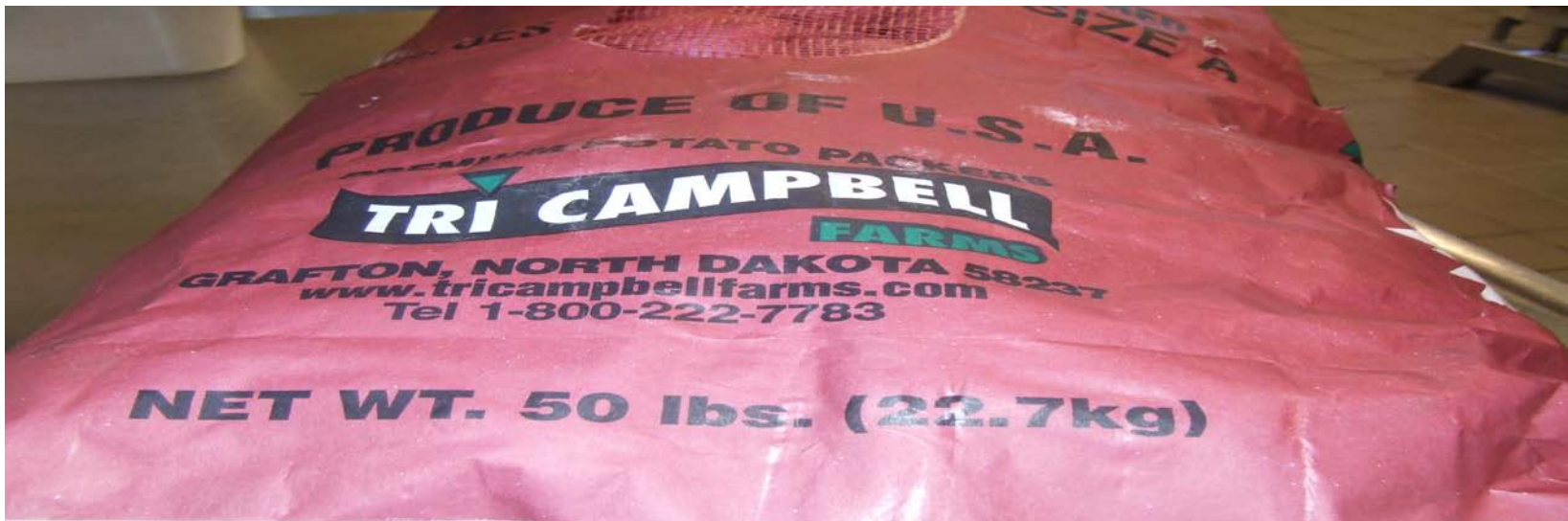


# Potatoes

Fresh Doesn't Have to Be Hard

Part I



# OPELIKA CITY SCHOOLS

## Recipe Sizing Report

<b>000830 - Potatoes, New Red :</b>	<b>Attributes</b>
HACCP Process: #2 Same Day Service Number of Portions: 100 Size of Portion: 1/2 Cup	

Ingredients	Measures	Instructions
900422 POTATOES,NEW RED.....	33 lbs + 6 ozs	Wash and dice red potatoes. Place in large mixing bowl. Add margarine, salt, and pepper. Pour 2 gallons of potatoes in each 4 inch pan. Steam for 15 minutes or until tender. Overall prep time about 1 hour. (Cutting the potatoes takes 25-45 minutes depending on speed.)
169001 SALT,IODIZED.....	2/3 oz	
002030 PEPPER,BLACK.....	1 1/3 ozs	
990043 MARGERINE,SOLID,all vegetable...	10 2/3 ozs	
		CCP: Process #4 SOP: Cook to 140°F for minimum of 15 sec. Record time/temp SOP: Hold at 135°F. Record temp every 2 hours. SOP: Reheat to 140°F, if more than 2 hours out of temp. SOP: 4 hours below 135°F...Discard

Calories.....	265	Iron.....	2.85 mg	Protein.....	4.82 g	Protein.....	7.28g
Cholesterol..	0 mg	Calcium....	22.79 mg	Carbohydrates	48.28 g	Carbohydrates.	72.93g
Sodium.....	118 mg	Vitamin A..	109.1 IU	Total Fat....	4.74 g	Total Fat.....	16.12g
Dietary Fiber	4.94 g	Vitamin A..	21.7 RE	Saturated Fat	0.74 g	Saturated Fat.	2.51g
		Vitamin C..	26.1 mg	Trans Fat....	0.00* g	Trans Fat.....	0.00g

\* - Denotes Missing Nutrient Values































Heller

SALVAJOR













GROEN



**CAUTION**  
HOT SURFACES  
DO NOT TOUCH  
OR OPEN DOOR  
WHEN HEATING  
OR COOKING  
ITEMS



ON-OFF

COOK



ON-OFF

COOK

**CAUTION**  
HOT SURFACES  
DO NOT TOUCH  
OR OPEN DOOR  
WHEN HEATING  
OR COOKING  
ITEMS







**WARNING**  
NOTICE OF HAZARD THE USE  
OF THIS PRODUCT MAY BE  
DANGEROUS TO YOUR HEALTH  
IF USED

**PRECAUCION**  
NOTICE DE PELIGRO EL USO  
DE ESTE PRODUCTO PUEDE SER  
DAÑINO A SU SALUD SI SE  
USO INDEBIDAMENTE

**Basics at a Glance**

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Project	Phase	Status	Notes
...	...	...	...
...	...	...	...
...	...	...	...







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MAY  
ICE CREAM



# Ranch Potatoes to the Rescue!





# OPELIKA CITY SCHOOLS

## Recipe Sizing Report

<b>000637 - RANCH POTATOES, fresh : local</b>	<b>Attributes</b>
HACCP Process: #2 Same Day Service Number of Portions: 160 Size of Portion: 1/2 Potato Alternate Recipe Name: RANCH POTATOES	

Ingredients	Measures	Instructions
011674 POTATO, BAKING..... 990084 RANCH DRESSING MIX..... 900270 FOOD RELEASE,BUTTER FLAVORED....	80 potato medium 1 Each pkg. 1 oz	Wash potatoes and cook in steamer until done. Slice potato in half and Spray each potato with food spray and sprinkle seasoning on each potato..
		CCP: SOP: Cook to 140°F. for minimum of 15 Seconds. Record time and temp. SOP: Hold at 135°F. .Record temp every 2 hrs. SOP: Reheat to 140°F. if more than 2 hrs out of temp. SOP: 4hrs. below 135°F....discard!

Calories.....	80		Iron.....	0.93 mg		Protein.....	2.16 g		Protein.....	10.75%
Cholesterol..	0 mg		Calcium...	12.98 mg		Carbohydrates	18.29 g		Carbohydrates.	90.97%
Sodium.....	88 mg		Vitamin A..	12.6 IU		Total Fat....	0.11 g		Total Fat.....	1.26%
Dietary Fiber	1.90 g		Vitamin A..	2.5 RE		Saturated Fat	0.03 g		Saturated Fat.	0.39%
			Vitamin C..	8.3 mg		Trans Fat....	0.00* g		Trans Fat.....	0.00%

\* - Denotes Missing Nutrient Values



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**THE END**

